

Community Report

2018-2019

Saint Thomas Rutherford Hospital



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Saint Thomas**

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A message from the president and CEO



Gordon B. Ferguson, FACHE

President and Chief Executive Officer,
Saint Thomas Rutherford Hospital

President, Saint Thomas Health
Regional Hospitals

It is my pleasure to present the latest Annual Community Report from Saint Thomas Rutherford Hospital. This publication is intended to keep you informed about several exciting activities taking place at your community hospital.

As you drive by our campus, I'm sure you've noticed the large crane and scaffolding as crews work on our vertical expansion project. The scope of this project includes the addition of our 25-bed Clinical Decision Unit which is already completed. The second phase of the \$82 million project includes the addition of 72 beds which will bring our licensed capacity to 358 beds. Finally, the project includes the addition of four operating suites on the second floor of the hospital. More information about this project is included in pages that follow.

What is equally impressive, yet perhaps less obvious, is the phenomenal growth of our expert medical staff. We added 42 new physicians to our community in 2018—the most we've ever added in one year's time. As our area continues to see exciting growth, we remain committed to recruiting top-notch physicians to serve people in Rutherford County and throughout Middle Tennessee. As a member of the Ascension and Saint Thomas Health family, we recognize the needs of our community. Whether you receive care at our Murfreesboro campus or at one of our eight hospitals in the region,

we will always ensure you receive the finest specialized treatment available. To help fulfill that promise, Saint Thomas Rutherford now has 457 physicians on our medical staff, which includes 56 different fields of specialty.

Additional signs of progress at Saint Thomas Rutherford Hospital can be seen in new programs and technology added in 2018. We introduced an O-arm surgical system, shortening recovery times for patients who undergo spinal surgery. We've also introduced NICView, which is a live video-streaming service offering parents a secure portal for them to stay connected with their newborns in our Neonatal Intensive Care Unit. The Emergency Department is now one of eight Saint Thomas facilities in the region working to train its physicians in new prescribing protocols to offer non-addictive pain management to help combat our state's opioid problem.

The needs of our patients and their families will always be a top priority. Rest assured our associates and medical staff strive daily to earn and maintain your trust. We will never take for granted the privilege of serving this wonderful community.

In His Service,

A handwritten signature in black ink that reads "Gordon B. Ferguson". The signature is written in a cursive, flowing style.

Gordon B. Ferguson, FACHE

Leading the way



Executive Leadership (Front) Stacey Beaven, Chief Nursing Officer; Gordon B. Ferguson, FACHE, President and CEO; (Back) Gina DeJean, Director Saint Thomas Rutherford Hospital Foundation; Bailey Pratt, Chief Financial Officer; Carol Bragdon, Human Resources Partner; Thomas Roddy, Chief Operating Officer; Tracey Biles, Mission Integration (not pictured is Richard Rogers, MD, Chief Medical Officer)

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Offering exceptional services

As our medical staff continues to expand, we are also looking at improved treatment methods, including new facilities and technology to best serve and care for our patients and their families.

Vertical expansion

Our campus is growing as our huge expansion project is underway and will add four new operating rooms and 72 hospital beds to our facility. Three floors are currently being constructed, including a sixth and seventh floor for immediate use and an eighth floor which will be shelled in for future expansion when needed. The expansion also includes a two-story addition with ground level support space, storage space and four additional operating rooms on the second floor. This project will add an additional 60,000 square feet to STRH's campus so that we can continue to serve our growing community. The construction is expected to be completed by mid-2020 and is part of an overall \$82 million expansion project that includes our now-open Clinical Decision Unit

O-arm surgical imaging system

We are improving the recovery time for surgical patients with an advanced technology. With the addition of a new surgical navigation system, which includes an O-arm designed to help

surgeons perform accurate procedures in the operating room, our surgeons are now able to perform spine surgeries with improved minimally invasive techniques, thus reducing recovery time for our spine surgery patients. The O-arm and its system allow for a single scan of a surgical patient, which can reduce the dose of radiation to a patient throughout a case. The system will offer real-time data, allowing surgeons to more confidently place implants and navigate within a patient's anatomy, yielding information to allow for improved accuracy in treatment.

NICView cameras

No parent ever anticipates having a newborn in need of intensive care services, so we are offering a new service to help ease that situation a bit more and enable families to stay connected to their infants who require additional care in our neonatal intensive care unit. Our NICView cameras will offer a 24/7 webcam streaming service to the NICU, allowing families to view their infant through a secure, online portal with an individualized log in. The service will be live this summer and is possible through funding from the generous supporters of the Saint Thomas Rutherford Hospital Foundation. It is just one of the many advantages our 16-bed Level II NICU offers to our region.



Highlighting physicians

In 2018, James Carter, MD, (left) was honored as the recipient of this year's Physician of the Year Award. The late Chester Falterman, MD, was honored with the Clinical Excellence Award, posthumously accepted by son Chad Falterman (middle), acknowledging innovation and care excellence. William Hollis, DDS, (right) was honored with the Olin Williams Distinguished Service Award, a lifetime achievement award for displaying wisdom and compassion throughout his career.



Improving our community

The concern we have for our community reaches beyond the walls of our facilities. Through programs of physician and staff education, we ensure that our patients live in an area that offers not only great healthcare options, but also the best quality of life possible.

Opioid initiative

Saint Thomas Rutherford Hospital is working to address the opioid epidemic by implementing physician prescription guidelines, protocols, and Continuing Medical Education for Emergency Department physicians and residents. The initiative is possible through a \$50,000 grant from Cardinal Health Foundation's Generation Rx Best Practices in Pain Medication Use grant program and will be used to support the Saint Thomas Health Pain Management, Prescription Protocols, and Patient Engagement program. The grants are designed to support healthcare organizations' work with their prescribers to reduce opioid prescriptions, find alternatives to opioid

medication for pain management, and better engage their patients – with the ultimate goal of better patient outcomes. The program will initially be implemented within the Emergency Departments of eight hospitals in seven counties and later integrated into hospital in-patient units.

OB fellowship

As the need for obstetrical care in outlying rural communities grows, the UT Nashville Family Medicine Residency Program is beginning a Family Medicine Obstetrics Fellowship at Saint Thomas Rutherford Hospital in 2019. The fellowship's goal is to provide a more intensive training experience in obstetrics for our Family Medicine Residency graduates who plan to practice obstetrics in small town/rural practices. The fellows participating in the one-year program will help oversee the care of prenatal patients at the Saint Louis Clinic and will participate in deliveries at Saint Thomas Rutherford Hospital.

Partnering with specialists

For more information visit
saintthomasdoctors.com

Saint Thomas Medical Partners (STMP) offers more than 550 highly skilled physicians and providers in more than 100 locations across Tennessee and Kentucky. Partnerships with STMP specialists strengthen and enhance the vast range of services provided to our community through STMP.

Murfreesboro Surgical Specialists joined STMP in 2018, bringing more than 30 years of experience delivering a full spectrum of surgical care: comprehensive diagnostic and surgical treatment, bariatrics, advanced laparoscopies, minimally invasive breast conserving procedures, colorectal surgical care, and thoracic surgery.

Saint Thomas Heart - Rutherford is a team of seven cardiologists who are also part of the Saint Thomas Heart network, a leader in cardiac care services statewide. They offer comprehensive cardiac services, interventional cardiology, electrophysiology studies and procedures, cardiac catheterization, and more.

Gastroenterologists Stephanie Pointer, MD, and Saras Sharma, DO, have joined STMP and manage a wide variety of gastrointestinal ailments such as IBS, nutritional disorders, Hepatitis C and other liver diseases. They also treat heartburn, GERD, indigestion, and acid reflux symptoms, and perform colonoscopies for colon cancer screening.

Middle Tennessee Center for Lung Disease, PC, part of our community since 1992, are specialists who provide comprehensive consultation for acute and chronic lung diseases and related disorders, including Chronic Obstructive Pulmonary Disease (COPD), emphysema, asthma, sarcoidosis, bronchitis, pneumonia, pulmonary nodules or masses, pulmonary embolism, and pleural effusions.

Gastroenterology

Stephanie Pointer, MD, received her medical degree from Morehouse School of Medicine and completed an internship and residency at Vanderbilt University Medical School and a fellowship in gastroenterology at Ohio State University Wexner Medical Center. Dr. Pointer is certified by the American Medical Board of Internal Medicine.



Saras Sharma, DO, earned his medical degree from Touro University College of Osteopathic Medicine, Vallejo, California, and completed an internship at Northwestern University COM Swedish Covenant Hospital, Chicago, Illinois. He also completed a residency and fellowship at NOVA Southeastern University, Larkin Community Hospital, South Miami. He is certified by the American Osteopathic Board of Internal Medicine.







Striving for greatness

Our associates and medical staff always aim to offer our patients the absolute best care and services possible. We continue to make our patients and their families our top priority, which is evident by some recent awards and recognition we have received.

- 5th best hospital in Nashville - *U.S. News and World Report* named Saint Thomas Rutherford Hospital in its top five hospitals in the Nashville area for 2018-2019. The ranking considers factors such as specialties offered, patient safety, and other measurable levels of performance.
- Best for Babies - Saint Thomas Rutherford Hospital was honored as one of four hospitals in Tennessee to receive the 2018 Tennessee BEST for Babies Award, presented by Tennessee Department of Health (TDH). The award recognizes our measured success in three areas critical to the health of newborns in Tennessee: breastfeeding initiation, sustained

progress in reducing early elective delivery, and safe sleep policy sustainment.

- Center of Distinction Award - The Saint Thomas Rutherford Hospital Center for Advanced Wound Care was awarded the Center of Distinction Award by Healogics. Our wound care center achieved outstanding clinical outcomes for 12 consecutive months, including levels of high patient satisfaction and a minimum wound healing rate.
- Centers for Excellence Distinction - In 2019, TouchPoint Support Services at Saint Thomas Rutherford Hospital re-certified their Centers for Excellence (CFE) distinction, earning a perfect score on a rigorous assessment. The Food & Nutrition Services and Environmental Services associates worked together to achieve a score that had never before been reached in TouchPoint CFE recertification history.

2018 Service Summary

Patient volumes

Inpatients*25,551

Patient days of care.....83,259

Emergency visits..... 88,995

Diagnostic imaging

CT scans33,423

MRI scans..... 4,761

Ultrasounds20,762

Cardiac cath procedures3,098

*including newborns

Surgery

Inpatient and outpatient.....8,930

Women's care

Babies delivered..... 3,267

Cancer center

Radiation oncology 56,370

Volunteer services

Volunteer hours (adult and junior)12,876



Ascension Saint Thomas

In Tennessee, Ascension Saint Thomas Health operates nine hospitals in addition to a comprehensive network of affiliated joint ventures, medical practices, clinics and rehabilitation facilities that cover a 68-county area and employ more than 8,000 associates. Serving Tennessee for 15 years, Ascension is a faith-based healthcare organization committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. Ascension is the largest non-profit health system in the U.S. and the world's largest Catholic health system, operating 2,500 sites of care - including 141 hospitals and more than 30 senior living facilities - in 24 states and the District of Columbia. Saint Thomas Health is the Tennessee ministry of Ascension, the largest not-for-profit health system in the United States.

Our mission

Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

Our vision

As an integrated ministry, we will help people lead healthier lives, transforming the healthcare experience through trusted personal relationships and holistic, reverent care.

sthealth.com