Saint Thomas Health

SAINT THOMAS HEALTH DIABETES CENTERS

Midtown Location
MAIN PHONE: (615) 284-2800
BLOOD GLUCOSE LINE: (615) 284-5883
FAX: (615) 284-4285
WEBSITE: www.STMidtown.com/diabetes

Rutherford Location
MAIN PHONE: (615) 396-6123
BLOOD GLUCOSE LINE: (615) 396-6126
FAX: (615) 396-6129
WEBSITE: www.STRutherford.com/diabetes

Midtown/Rutherford URGENT LINE:
(615) 284-2800, Option 8 - ask to page the On-Call Diabetes Nurse

NAME: _____ **DATE OF BIRTH:** _____

***** REPORT BLOOD GLUCOSE RESULTS TWICE WEEKLY ON WEDNESDAYS AND SUNDAYS!*****

GESTATIONAL DIABETES TARGET BLOOD GLUCOSE LEVELS:

FASTING/PRE-MEAL: Less than 95
AFTER MEAL: 1 hour from the START of the meal = Less than 140
2 hours from the START of the meal = Less than 120

DATE	FASTING/ BEFORE BREAKFAST	AFTER BREAKFAST	AFTER LUNCH	AFTER DINNER	NOTES

SAINT THOMAS HEALTH DIABETES CENTER BLOOD GLUCOSE REPORTING TWICE WEEKLY (SHORT FORM)

Permanent Chart Document

DB23300

REV - 06/02/17 Form # STHS316