Saint Thomas Health

SAINT THOMAS HEALTH DIABETES CENTERS

Midtown Location
MAIN PHONE: (615) 284-2800
BLOOD GLUCOSE LINE: (615) 284-5883
FAX: (615) 284-4285
WEBSITE: www.STMidtown.com/diabetes

Rutherford Location
MAIN PHONE: (615) 396-6123
BLOOD GLUCOSE LINE: (615) 396-6126
FAX: (615) 396-6129
WEBSITE: www.STRutherford.com/diabetes

Midtown/Rutherford URGENT LINE:
(615) 284-2800, Option 8 - ask to page the On-Call Diabetes Nurse

NAME: _____ **DATE OF BIRTH:** _____

***** REPORT BLOOD GLUCOSE RESULTS ONCE WEEKLY ON SUNDAYS!*****

DIABETES TARGET BLOOD GLUCOSE LEVELS:
FASTING/PRE-MEAL: Less than 80-130

AFTER MEAL: (2 hours from the START of the meal: Less than 180)

DATE	FASTING	AFTER BREAKFAST	BEFORE LUNCH	AFTER LUNCH	BEFORE DINNER	AFTER DINNER	BEDTIME

DB23300

REV - 02/01/16 Form # STHS315

SAINT THOMAS HEALTH DIABETES CENTER BLOOD GLUCOSE REPORTING ONCE WEEKLY (SHORT FORM)

Permanent Chart Document