

SAINT THOMAS RUTHERFORD HOSPITAL

# 2017

COMMUNITY REPORT

## WHAT'S INSIDE

- GROWING WITH OUR COMMUNITY
- EXPANDING OUR SERVICES
- BUILDING STRONG RELATIONSHIPS



Saint Thomas  
RUTHERFORD HOSPITAL



ASCENSION



## DEAR FRIENDS,

As I reflect on the past year, I'd like to emphasize the continual commitment of Saint Thomas Rutherford Hospital to provide compassionate care to you. Throughout this Community Report, I am pleased to share with you our progress, as well as the plans we have for the future that will enable us to continue offering you the comprehensive services you depend on in a regional medical center.

We're proud to be part of Ascension and Saint Thomas Health, and as our family and facilities have grown, so has our ability to serve our community and the mid-state region. More than 90 years ago, our hospital opened its doors, and from the moment the first brick was laid at our original location, we have been continuously expanding our programs and services to meet your needs. Just over seven years ago, we moved into our new building, and within the past two years we have developed a strong partnership with our community hospitals in McMinnville, Smithville, Sparta and Woodbury so we may increase our services to our neighbors in surrounding communities.

In 2017, we were granted approval to add 72 additional inpatient beds at Saint Thomas Rutherford Hospital, which will result in a vertical expansion of our existing building. A new 25-bed Clinical Decision Unit, which is slated to be complete by mid-2018, will

expand our Emergency Department services and offer added conveniences for patients. Additionally, we will break ground on an ambulatory surgery center at our New Salem location in Murfreesboro, which will facilitate our ability to better serve our community's needs. These investments represent just a portion of our overall efforts to offer quality services and better health to our region.

While our state-of-the-art facilities and growth are impressive, our associates and medical staff are the true foundation of our organization. We think of you as family, and take our responsibility of providing care for you seriously. Opportunities such as our nurse residency program ensure our associates are provided with the appropriate training and support to deliver quality and faith-based care. So we may provide complete, specialized care, our medical staff has grown by more than 51 percent in the past seven years, and we recently added subspecialists that include a fellowship-trained breast oncology surgeon, a fellowship-trained interventional radiologist, and a fellowship-trained colon and rectal surgeon.

At Saint Thomas Rutherford Hospital, we feel privileged to care for the people who live in the communities we serve, and I can assure you we will continue to meet our patients' needs with staff, physicians, and medical facilities on which you can depend.

## IN HIS SERVICE,

**GORDON B. FERGUSON, FACHE**

*President and Chief Executive Officer, Saint Thomas Rutherford Hospital  
President, Saint Thomas Regional Hospitals*

# Growing with Our Community

At Saint Thomas Rutherford Hospital, we consistently strive to provide our rapidly growing region with exceptional services and facilities. We aim to offer our patients great healthcare where they live and work. Our new construction projects are one way we can ensure we are meeting the current and long-term needs of our community.

## CLINICAL DECISION UNIT

This 25-bed patient care area is slated to open in July 2018 and will be adjacent to our Emergency Department. The Clinical Decision Unit is designed to treat patients who require hospitalization stays of less than 24 hours. The unit will encompass 9,566 square feet and will streamline patient flow by enabling hospital staff to provide patients with additional testing and care in an appropriate setting and in a cost-effective manner.

## VERTICAL EXPANSION

The exterior of Saint Thomas Rutherford Hospital will soon be growing upward as we increase the size of the hospital with our vertical expansion project. As part of Saint Thomas Health's larger expansion plan, Saint Thomas Rutherford Hospital will add on to the existing footprint of a portion of our current facility. Planning efforts are well underway on the expansion, which will include an additional 72 medical beds, three more operating rooms, and three new floors.

## AMBULATORY SURGERY CENTER - NEW SALEM

To offer additional outpatient convenience to our large service area, we also have plans to construct a new Ambulatory Surgery Center on New Salem Road in Murfreesboro. The state-of-the-art outpatient center will consist of a 13,000-square-foot, multi-specialty facility with two operating rooms and one procedure room. The new center will join the existing physician and laboratory services currently offered in the New Salem area.

# Expanding Our Services

**With an affiliate medical staff of more than 400 physicians and a scope of services and facilities second-to-none, we are continually growing and offering new specialties and treatment options at Saint Thomas Rutherford Hospital.**

## INTERVENTIONAL RADIOLOGY

In early 2017, we opened our Vascular and Interventional Radiology Department at Saint Thomas Rutherford Hospital, and welcomed Steven Thomas, MD, vascular and interventional radiologist. Interventional Radiology utilizes minimally-invasive, image-guided procedures to diagnose and treat diseases in nearly every organ system of the body. Most IR procedures can be performed on an outpatient basis with very few requiring a hospital stay, and pain and recovery time for patients are both significantly reduced when compared to traditional procedures.

## BREAST SERVICES

Breast oncology surgeon Lindsay Keith, MD, who joined the medical staff of Saint Thomas Rutherford Hospital in 2017, offers a wide variety of services for breast diseases, both benign and malignant. Dr. Keith's expertise, along with our advanced diagnostic technologies and comprehensive treatment services, is an added layer of assurance for our patients with breast cancer at a time when they need compassionate care close to home.

## EXPANDED LABOR AND DELIVERY ROOMS AND NEW LABOR TUBS

Saint Thomas Rutherford Hospital renovated and expanded its Women's Care services this year, resulting in three additional labor and delivery rooms. Additionally, to provide our labor and delivery patients with added care and comfort options, we now offer labor tubs for use during the early phase of labor, because warm water can assist patients with relaxation and potentially alleviate labor pains.

## By the Numbers

### SERVICE SUMMARY

#### Patient Volumes

Inpatients*	22,255
Patient Days of Care*	83,791
Emergency Visits	91,537
Births	3,065

*\*including newborns*

#### Diagnostic Imaging

CT Scans	31,659
MRI Scans	4,128
Ultrasounds	19,161
Cardiac Cath Procedures	2,576

#### Surgery

Inpatient and Outpatient	8,939
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#### Women's Care

Babies Delivered	3,065
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#### Cancer Center

Radiation Oncology	54,494
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#### VOLUNTEER SERVICES

Volunteer Hours (adult and junior)	13,855
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#### Mobile Health Unit

Patient Encounters	974
Blood Pressure Screenings	1,986
BMI Screenings	3,486
Glucose Screenings	1,892
Flu Shots	1,000
CPR Students	260
School Health Screenings	25

# Building Strong Relationships

**We understand investing in our associates is an integral part of quality patient care. At Saint Thomas Rutherford Hospital, we work to educate and assist our associates and care providers so that they are prepared and equipped to offer safe, exceptional, faith-based care to our patients.**

## MEDICAL RESIDENCY PROGRAMS

The University of Tennessee at Murfreesboro Family Medicine Program will graduate its first class of medical residents in the summer of 2018. This marks the culmination of this group of residents completing a three-year residency at Saint Thomas Rutherford Hospital. Of the graduating class of eight resident physicians, several are remaining in Tennessee as they embark on their family medicine careers. Additionally, through a partnership with the University of Tennessee College of Medicine, Saint Thomas Rutherford Hospital Emergency Department is the home for the UT Emergency Medicine Residency Program, which will also graduate its first class of emergency medicine residents this year. The partnership of these two programs represents a notable investment in training physicians in both family and emergency medicine.

## NURSE RESIDENCY PROGRAM

The Saint Thomas Health Nurse Residency Program is an initiative in which we provide professional support and career goal planning to new nurse graduates. The program offers a comprehensive 14-week orientation and training period for new nurses, and includes mentoring and structured career guidance for two years. Three classes of new nurses begin the program each year, and to date, more than 200 nurses at Saint Thomas Rutherford Hospital have completed the program. This professional enhancement program spans across all three main Saint Thomas Hospital campuses and will expand to our regional hospital partners in 2018.



## Here when you need us

**Care close to home and on your phone.**

We offer 24/7 access to healthcare, where you can see a doctor or nurse practitioner online. Start your virtual visit now at [STHealth.com/OnDemand](https://STHealth.com/OnDemand).

# Physician Focus

## NEW PHYSICIANS

### Kelly Davis, MD

#### *Interventional Cardiology*

Dr. Davis specializes in diagnosing and managing cardiovascular diseases through catheter-based treatment.



**SCHOOL OF MEDICINE** Meharry Medical College

**INTERNSHIP/RESIDENCY** Vanderbilt University Medical Center

**FELLOWSHIP** Vanderbilt University Medical Center

**CERTIFICATIONS** American Board of Internal Medicine, Cardiovascular Disease and American Board of Internal Medicine

Sees patients at 1840 Medical Center Parkway, Seton Suite 201, Murfreesboro (615) 867-5028

### Lindsay Keith, MD

#### *Breast Oncology Surgery*

Dr. Keith offers a wide variety of services for breast diseases, both benign and malignant, for women and men.



**SCHOOL OF MEDICINE** Texas A&M Health Sciences Center College of Medicine

**INTERNSHIP/RESIDENCY** University of Tennessee Medical Center, Knoxville

**FELLOWSHIP** Baylor University Medical Center

Sees patients at 1800 Medical Center Parkway, DePaul Suite 440, Murfreesboro (615) 867-1940

### Mark Manwaring, MD

#### *Colon and Rectal Surgery*

Dr. Manwaring offers surgical and endoscopic treatment for benign and malignant intestinal conditions with specialized expertise in colon and rectal diseases.



**SCHOOL OF MEDICINE** State University of New York at Buffalo School of Medicine

**INTERNSHIP/RESIDENCY** Vidant Medical Center Internship, and East Carolina University

**FELLOWSHIP** University Hospitals/Case Medical Center - Cleveland, Ohio

**CERTIFICATIONS** American Board of Colon and Rectal Surgery, and American Board of General Surgery

Sees patients at 1800 Medical Center Parkway, DePaul Suite 440, Murfreesboro (615) 867-1940

### Steven Thomas, MD

#### *Interventional Radiology*

Dr. Thomas' clinical interests in Interventional Radiology include treatment of peripheral vascular disease; minimally invasive treatment of liver and kidney tumors; and treatment of venous insufficiency (varicose veins).



**SCHOOL OF MEDICINE** University of Tennessee College of Medicine

**INTERNSHIP/RESIDENCY** University of Tennessee Medical Center, Knoxville and University of Mississippi

**FELLOWSHIP** University of Virginia

**CERTIFICATIONS** American Board of Radiology with a Certificate of Advanced Qualification in Vascular and Interventional Radiology

Sees patients at 1840 Medical Center Parkway, Seton Suite 405, Murfreesboro (615) 396-4282

## 2017 PHYSICIAN HONOREES

Peter DiCorleto, MD *Physician of the Year*

James Boerner, MD *Clinical Excellence*

O. Tom Johns, MD *The Olin Williams Distinguished Service Award*





# Leading the Way

**EXECUTIVE LEADERSHIP** (*Front*) Tim Bode, MD, Chief Medical Officer; Stacey Beaven, Chief Nursing Officer; and Gordon B. Ferguson, FACHE, President & CEO. (*Back*) Elizabeth Lemons, Chief Operating Officer; Bailey Pratt, Chief Financial Officer; Tracey Biles, Vice President Mission Integration; and Carol Bragdon, Human Resource Partner.

## SAINT THOMAS RUTHERFORD HOSPITAL BOARD OF TRUSTEES

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Attorney, White & Polk, P.C.

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Realtor, Parks Realty

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President & CEO, Saint Thomas  
Rutherford Hospital and President,  
Saint Thomas Regional Hospitals

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Retired Orthopaedic Surgeon

**Treasurer** David S. Jones, Investor  
and Developer, Healthcare

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Internal Medicine  
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Physician/Astronaut/Author  
Mike Ussery, President and  
Chief Operating Officer,  
National Healthcare Corporation

## SAINT THOMAS RUTHERFORD HOSPITAL FOUNDATION

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## About Saint Thomas Health

In Tennessee, Ascension's Saint Thomas Health operates nine hospitals in addition to a comprehensive network of affiliated joint ventures, medical practices, clinics and rehabilitation facilities that cover a 68-county area and employ more than 8,000 associates. Serving Tennessee for 15 years, Ascension is a faith-based healthcare organization committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. Ascension is the largest non-profit health system in the U.S. and the world's largest Catholic health system, operating 2,500 sites of care - including 141 hospitals and more than 30 senior living facilities - in 24 states and the District of Columbia. Saint Thomas Health is the Tennessee ministry of Ascension, the largest not-for-profit health system in the United States. For more information, visit [www.STHealth.com](http://www.STHealth.com).



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RUTHERFORD HOSPITAL



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